

### Open and School Nationals continue medals inflow

The lifters participated in six different national events and gave their best in all. Overall, the Khel Vikas (KV) athletes won 8 bronze medals and 3 silver medals in all the competitions.

In the Rajiv Gandhi Khel Abhiyan (RGKA) National Weightlifting tournament, 4 out of the 8 KV athletes who participated won medals. Sitamani Hembram and Ashwini Kumar Naik won silver medals, while Puni Raita and Prasanta Badamundi notched up bronze medals.



The School National Weightlifting Tournament continued the good run as Archana Pradhan and Pinki Naik finished third while Sitamani Hembram bagged another silver medal among the girls. Sanatan Mallik bagged a bronze medal in the boys' competition as he continued his impressive run.

In the Open Junior Nationals, Aruna Santa emerged as the star, collecting 3 bronze medals in the 56kg category. Aruna's season is far from over as he is getting prepped up for Open Senior Nationals' in March.

### Sports Day kicks-off in Gram Vikas Schools

The start off the New Year saw children filled with excitement as they eagerly participated in the Sports Day. Gram Vikas Schools in Koinpur, Thuamulrampur and Rudhapadar conducted their sports day and experienced an amazing turnout. Participation being the key factor encouraged even children not engaged in sports to compete in different events. All the events were close and showed amazing fighting spirit among the athletes.

Events like 100m, 200m, high-jump and long-jump were close to the wire and students competed with great spirit. Sports Day continues to be an integral part of KV's programs, as it encourages more students to engage in regular sporting activity.

### Highlights

Lifters shine in Open and School Nationals  
 Sports Day starts off an incredible 2015  
 PSD launches a new crowd-funding campaign

#### Koinpur Sports Day



A stunning visual of the high jump event during Koinpur School Sports day

### Athlete of the Month



SITAMANI  
 HEMBRAM

WEIGHTLIFTING

CLASS 8

RGKA Nationals Competition:  
 Silver Medal  
 60<sup>th</sup> School Nationals Competition:  
 Silver Medal

### Ketto campaign launched to raise Sports shoes

Pro Sport Development launched an online crowd-funding campaign to raise 250 pairs of shoes for children regularly engaged in recreational sports. Most of them do not have access to such a basic sporting need like sports shoes because of their rural background and financial position. These shoes will help them avoid injuries, cuts and bruises. Help these athletes get what they deserve by donating to our campaign at [www.ketto.org/shoes4sport](http://www.ketto.org/shoes4sport)

### Recent Events & Developments

#### Athletics, Volleyball and Kho-Kho in RGKA Games

The RGKA State Competition saw six KV athletes participate in Athletics and Volleyball (3 each) where they put up a fighting display. It was raining gold in Thuamulrampur as the Girls' and Boys' Kho-Kho team won gold in RGKA Districts. There was no stopping the girls' team as they won yet another gold medal in Kalahandi Utsav Tournament, representing the Thuamulrampur Block.

#### Gram Vikas celebrates 36<sup>th</sup> Anniversary

Our partner, Gram Vikas (GV), celebrated its 36<sup>th</sup> Anniversary in a grand manner at the Gram Vikas campus, Mohuda. Close to 300 people from GV's different program were part of the function. The day started off with cricket, table-tennis, carom board etc. and also included videos of the organisation's highlights from its past.

#### Goonj Shoes distribution in GV Schools

More joy for the children as there were more Goonj shoes being distributed to the Gram Vikas Schools in Kankia, Koinpur, Thuamulrampur and Rudhapadar. Over 350 shoes were distributed to the children who were delighted to receive them. We would like to thank Goonj for their generous contribution towards a wonderful cause.

### Media Reports

#### Ellie's experience at Khel Vikas

<http://www.sportskeeda.com/general-sports/ellie-hall-khel-vikas-experience>

#### Round-up of Competition Season

<http://www.sportskeeda.com/weight-lifting/khel-vikas-athletes-finish-the-season-on-a-high>

#### Three KV lifters bag medals at School Nationals

<http://www.orisports.com/NewsDetails.aspx?nid=Mzk4MQ==>

The victorious' girls' Kho-Kho team in the RGKA District and Kalahandi Utsav Tournament.

